

BLISSATHON

**A peaceful, cleansing,
re-centering and soul-enriching
overnight retreat... open to all.**



Sat March 30th [9pm - 8am] Sun March 31st

Please join Cassie and these amazingly gifted presenters, musicians, and guides for a revolutionary event, our FOURTH of it's kind and we've brought the crew together again!

This event creates space for you to reconnect to Self through a plethora of healing modalities and spiritual navigations....all under the veil of moonlight and in the company of an open-minded, open-hearted tribe.

And yes...you DO SLEEP!

The evening's offerings are performed in multiple spaces, but shared by all.

Whether you are awake and actively participating, asleep, or waving in and out of mediation, you can **give yourself permission to enjoy the meditative space that sleep hours can lovingly bring.**

Let us surrender to re-patterning and releasing what is holding us back from deep rest, deep peace, and our innate soul purpose.

This will all take place in a comfortable, safe & loving space..perfect for trying something new!

Blissful Evening Offerings:

- 8:30pm** Sign-in, Set-up & Intentions
9:30-11pm Past Life Regression with Jessica Ramirez [Spiritual Guidance & Insights]
11-Midnight Journaling and Rest time
Breathwork with Cassie in practice room with Andara Spiral
-----andara crystal spiral set up in quiet room, open to all throughout the night for mediation & calm----
- 12-3am** GongBath Vibrational Healing with Eileen Kibilus & Donnie Renish
3:30-4:30am Gayethri Japa Meditation
4:30-5:30am Gentle Awakening Drum Ceremony with Raya Pereira
6-7am Gentle WakeUp Yoga Stretch Devotional Flow with Cassie
7-8am Morning Mingle & Farewells
Fresh Juice & Smoothie Bar!

Contact Cassie Eshelman with any and all inquiries or to register for this event!

www.cassieeshelman.weebly.com ceeshelman@gmail.com 484.300.3457

Pre-registration is required. Please register by March 22nd.

Space limited to 20 people, register early to reserve your space.

Cost is \$100 per person and includes all offerings; \$90 if you sign up with a friend, neighbor, spouse, etc..

It serves as a wonderful bonding space and may comfort you to reflect on the offerings of the evening with a loved one and/or familiar face. If you prefer calm space to yourself there is room for that as well. Namaste.

To register for this event please mail payment with name, email address, and phone number to the following address.

Mail to: Cassie Eshelman- 338 S Ironstone Drive-Boyertown-Pa-19512 [event held here]

Email will be sent when registration is received, as well as more details leading up to the event!

